

FIN Strokes

News Bulletin

January/February 2015



NOTICES

It's Membership Renewal time again!

Club Memberships expired Dec 31 2014. Get your Membership renewals in before the end of January to be eligible for the renewal discount. Renewal Form is at the end of the Newsletter. Remember if you renew online you still need to submit the Membership Form with your signed Liability Release.

FRONT OF THE DIVE LINE Contest Winners

**Congratulations to
Jay Gray, Glenn Dietz,
Chris Nagy, Mike Yano**

General Membership Meeting

Thursday Feb 5 2015
7:30-8:30PM
Albion Pool Classroom

All Members welcome

Come out and hear what is being planned for the upcoming year. Give us your feedback.

DONT MISS THESE UPCOMING EVENTS...

2015 Membership Renewals due
Jan 1 2015



General Membership Meeting
Feb 5 2015 730pm. Albion Pool classroom



Try Scuba
Feb 12 2015 830pm Albion Pool



Try Scuba
March 5 2015 830pm Albion Pool



NITROX course
March 7 2015. Nobleton North Campus



OUC Ice Floe Race
March 8 2015 Peterborough



Try Scuba
March 12 2015 830pm. Albion Pool



Family Night
March 19 2015. 830-930pm. Albion Pool



CPR course
March 20 2015 Location to be determined



Open Water Course
March 26-May 14 2015. Albion Pool



OUC AGM Sun Feb 9 2015

10:15am - 2:00pm



Open to all OUC individual members, clubs, and commercial members. Please let an Executive member know if you wish to attend.

When: Sun Feb 8 2015
Where: OUC office, 1 Concorde Gate, Toronto



WHAT'S ON?



The Outdoor Adventure Show
 sponsored by: **ONTARIO**
Yours to Discover
 INTERNATIONAL CENTRE, TORONTO, ON
 FEB 20, 21 & 22, 2015

BUY TICKETS ONLINE
 SAVE MONEY & BE ENTERED TO WIN A KAYAK FROM TRAK

SCUBA Demonstration Volunteers Needed!

All volunteers have free access to the Show. Contact Todd Pope or Glen Dietz to help promote the Club at the OUC booth. euc_marketing@euc.ca

CPR Recertification Course

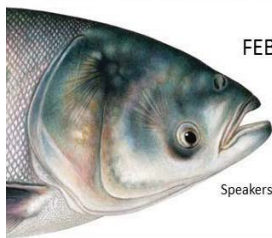
Date: Friday March 20, 2015
 Time: 6:30pm to 10:30pm
 Cost: \$35.00
 Location: To be announced.

Please register for this course at

http://www.euc.ca/index.php?option=com_wrapper&view=wrapper&Itemid=114



ASIAN CARPS PUBLIC INFORMATION SESSION



FEBRUARY 3, 2015 6:30 PM

GLADSTONE HOTEL - TORONTO

Speakers: Becky Cudmore, Fisheries and Oceans Canada
 David Copplestone, Ontario Ministry of Natural Resources and Forestry
 Nicholas Mandrak, University of Toronto, Scarborough



Learn more about Asian carps, how they affect Ontario and what's being done.

For more information call 1-800-563-7711



...ALL SHIPWRECKS... ALL DAY!



Saturday, May 2, 2015
 9:00 A.M. to 5:00 P.M.
 Centennial Secondary School
 240 Thorold Road, Welland, Ontario

Speakers...Movies... Presentations...Door Prizes

Early Registration Offer!
 Save \$10 off the walk-in price.

Register early, on-line by January 26th.

www.niagaradivers.com



2015 51st ICE FLOE RACE
www.underwatercouncil.com

Call for racers

The Ontario Underwater Council invites you to the 2015 Year's Ice Floe Race – the 51st! March 8.

OUC members; \$25.00/diver.
 Non OUC members; \$40.00/diver.



"Space Flight" is the theme so dust off your Star Trek and Storm Trooper uniforms and build a space ship for an Ice Floe. And you don't have to be a diver to volunteer. Each team needs 2 non racing volunteer helpers. If you can serve cocoa or shovel snow...the committee can find a place for you!

- "First Place" – Team with the best time will have their name engraved on the Winners Plaque.
- "Best Participants" – for the Team judged as best displaying Theme spirit (i.e. costumes and effects).
- Blackbeard's Cruises is donating a 1 week Live-A-Board dive trip which will be raffled. Tickets are \$20.00 each.
- Valuable Prizes from our Sponsors!
- Every participant and volunteer will receive a 2015 Ice Floe Race Crest commemorating the 51st Ice Floe Race.
- The charity this year will be Peterborough's St. Vincent de Paul, who will be on-hand to receive donations of food contributed by Race participants, and proceeds from the race fees.

For more information and pictures of past races, visit the Ice Floe Race page of the OUC website www.underwatercouncil.com/?action=cms&cmspage=floe-race

See Todd Pope at the pool to volunteer or sign up for the Club team or email euc_marketing@euc.ca.

TRAINING

Current Courses and dates:

TRY SCUBA

Feb 12, Mar 5, Mar 12
830-930pm.

NITROX

March 7 2015
Nobleton North Campus

CPR

March 20 2015
Location to be determined

Open Water Course

March 26-May 14 2015
Albion Pool



Ron Seidl
Training Director EUC
euc_training@euc.ca

Non-card issuing workshop suggestions are most welcome, please send them along.

Please register online for any of these courses in order to ensure that sufficient course materials have been ordered and so that courses are not cancelled due to lack of interest. Click here to register:

http://www.euc.ca/index.php?option=com_wrapper&view=wrapper&Itemid=114



EUC FAMILY WINTER FUN FEST

Saturday February 21st 2015

Free Family Outdoor Skating
(indoor change area and bathrooms)

COLONEL SAM SMITH PARK

65 Colonel Samuel Smith Park Road
(Kipling south of Lakeshore)
The skating trail is located next to the Power House Recreation Centre

Time: 3:00 pm till about 5:00pm

After skating whomever wishes we will be going to the Mandarin on the Queensway for dinner.

Bring your whole family including your dog. If you are not a skater, take a nice walk along the trails. Or watch others who haven't skated in years.



** No skate rental and No sharpening



Click for larger map



Shout Outs

January Milestones Happy January Birthday to

Albertas Boutkous
Rajan Burman
Emma-Louise Crook
Elois Davis
Lori Dickinson
Dusan Fil
Dan Fornella
Jay Gray

Lazic Milan
James Nesbitt
Nelson Rosa
Ron Seidl
Haiyun Wang

If we miss yours, click
euc_fins@euc.ca
to add yourself to the Birthday List.



EUC EVENTS CALENDAR							February 2015	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
						1		
2	3	4	5 EUC General Meeting 730-830PM Albion Pool classroom	6	7	8 OUC Annual General Meeting - 10:15am -2pm Sports Centre		
9	10	11	12 TRY Scuba Albion Pool	13	14	15		
							Valentine's Day	
16	17	18	19 Club Pool Night Albion Pool	20 Outdoor Adventure Show International Centre	21 Outdoor Adventure Show Winter Fun Fest Samuel Smith Park 3-5PM	22 Outdoor Adventure Show International Centre		
23	24	25	26 Club Pool Night Albion Pool	27	28			

EUC EVENTS CALENDAR							March 2015	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
						1		
2	3	4	5 TRY SCUBA Albion Pool	6	7 Nitrox Course Nobleton	8 OUC Ice Floe Race Peterborough		
9	10	11	12 TRY SCUBA Albion Pool	13	14	15		
16 March Break	17 March Break	18 March Break	19 Family Night March Break	20 CPR Course March Break	21	22		
23	24	25	26 Club Pool Night Albion Pool	27	28	29		
30	31							

Annual Physical Condition Checklist

If any of the following apply to you, please check:

- Persistent Headaches
 Heart Trouble
 Claustrophobia
 Severe Frequent Colds
 Tuberculosis
 Dizziness or Fainting
 Operation
 Emotional Problems
 Epilepsy
 Asthma
 Alcohollic Addiction
 Serious Injury
 High Blood Pressure
 Motion Sickness
 Hospitalized
 Allergies to Drugs
 Pneumothorax
 Regular Medication
 Dentures
 Glasses / Contacts
 Smoking
 Sinus Trouble
 Pregnant
 Ear Trouble
 Diabetes
 Hay Fever
 Chest Pains
 Tranquilizers

If you checked any of the above, please explain: _____

Any Serious injury or accident, or illness not mentioned above, please explain: _____

Date of last medical examination: _____

Are you registered with Medic Alert, please specify: _____

Waiver, Liability Release & Statement of Understanding

Initial each statement of understanding & sign at the end.

Parent or guardian must initial each statement as well as the member, if the member is under 18 years of age.

Insurance Waiver

(The specifics of the Liability Insurance Policy is posted on the EUC website for review.)

I, _____ understand that the ETOBICOKE UNDERWATER CLUB INC.'s Liability Insurance Policy has specific Requirements for supervision, recreational & certification limits, as outlined in the Club Policy Manual, which must be met in order for coverage to apply to Club sanctioned events.

I acknowledge that if at any time, I do not dive according to these Requirements, I am not included in the sanctioned event or covered by the Liability Insurance Policy & I am diving at my own risk.

Statement of Understanding

_____ I acknowledge that SCUBA diving involves exposures to certain abnormal conditions: underwater submerision, changes in ambient pressure, changes in pressure of inhaled air & increased stress levels.

_____ I acknowledge that SCUBA diving involves more risk than ordinary swimming.

_____ I am aware that in some circumstances, participation could result in physical injury.

_____ I am in proper physical condition to participate in SCUBA diving activities.

_____ I understand that an annual physical examination is advisable when taking part in SCUBA related activities.

_____ I have completed the annual physical check list & understand that should my physical condition change, it is my responsibility to inform in writing, the Secretary of the ETOBICOKE UNDERWATER CLUB INC. of these changes.

_____ I understand that it is my responsibility to make the Convener of an event, Divermaster, Event Coordinator aware of any medical condition that might require special medication or treatment. Should a guest have special requirements, it is my responsibility, as their sponsor, to inform in writing, the Convener of these conditions.

_____ I acknowledge that solo diving in the pool or open water, is not sanctioned by the ETOBICOKE UNDERWATER CLUB INC. nor covered by the liability insurance carrier.

_____ I understand and give my permission to use my image for club purposes.

Liability Release

_____ I am hereby willing to assume the above mentioned risks of injury or health risks for myself & assume full responsibility during & after my participation in any ETOBICOKE UNDERWATER CLUB INC. sanctioned activities & I therefore hereby release & forever discharge the ETOBICOKE UNDERWATER CLUB INC. & the ONTARIO UNDERWATER COUNCIL, their officers & any other organizers, sponsors, representatives, their agents & employees & any other person or organization assisting them in respect to any claims for damages or injuries suffered by me as a result of my participation in or traveling to or from any ETOBICOKE UNDERWATER CLUB INC. sanctioned activities.

I declare that I have read, understood & agreed to the contents of this Membership Renewal Form.

Dated this _____ day of _____ 20____

Signature _____ Parent / Guardian (if individual is under 18 years of age)



www.euc.ca

2015

Membership Application &

Annual

Renewal Form

Return completed forms & applicable fees in person or mail. Or make your payment online by Logging In to the website Membership section & return the completed form to:

Etobicoke Underwater Club
c/o Elois Davis
205-1050 Castlefield Ave.
Toronto, ON M6B 1E7

Along with the toll free dive hotline 1-888-203-4318 we now have a local phone number 647-723-6382

This will be used for messages about upcoming events & pool activities.

EUC Member #: _____

Message from the Secretary

- Please fill out both sides of the following form COMPLETELY & return it to the Secretary along with your membership fee.
- Included in the form is a self sign medical. For your safety & that of the Club, we ask that all members complete the annual physical checklist.
- All members are asked to update their online profiles through the website. All information submitted is confidential & available only to the members of the Board on a need to know basis.
- Initial & sign the Waiver, Statement of Understanding & Liability Release.

Membership Information

Last Name: _____
 First Name: _____
 Address: _____
 City: _____ Postal Code _____
 Telephone: () _____
 Other Phone: () _____
 E-mail: _____
 Date of Birth: ____/____/____

Check if you do wish to receive FINS Below Newsletter notification by email: _____

Emergency Contact Information

Last Name: _____
 First Name: _____
 Relationship: _____
 Address: _____
 City: _____ Postal Code _____
 Telephone: () _____

Certification Information

I hold the following certification:
 (Please check the highest applicable box)

- Basic Open Water Diver
- Advanced Open Water Diver
- Rescue Water Diver
- Other _____

Professional level certifications:

- Divemaster
- Assistant Instructor
- Instructor
- Is your supervisor/teaching status active? Please provide proof of active status.
- Do you need a Proof of Insurance certificate?

List All Highest Level & Specialty Certifications
 Agency _____ Level _____ C-Number _____

Agency	Level	C-Number

Additional Certifications

Description	Expiry Date
First Aid	
C.P.R	
O2 Provider	

Fee Schedule

Club Initiation fee
 Payable by new members who were not originally trained & certified by EUC.

Regular Membership
 Entitles you to all member privileges including mailings, voting rights, subsidized activities.

Family Membership
 Entitles you to all Regular membership privileges minus paper mailings.

Associate Membership
 For non-diving members that live a considerable distance (100+ km) from the Club for Club mailings only. No diving or pool privileges. No OUC membership or Liability Insurance coverage.

Swimming Membership
 Allows the use of the pool for swimming & snorkeling only. No diving or other privileges with this membership.

Ontario Underwater Council Membership Fee
 Mandatory. EUC is an OUC Member Club & complies with OUC regulations. EUC Club members are Blue OUC members.

Liability Insurance Fee
 Mandatory. Club members are covered while engaged in sanctioned & supervised diving, training & non-diving activities.

OUC Gold Membership Upgrade
 To upgrade your membership from the standard Blue OUC membership to the Gold OUC membership.

	Member Dues	OUC Fee	Insurance Premium	Sub Total	Fees
Initiation Fee (New Members)	\$0	-	-	\$0	
Regular (Principal) Member	\$83	\$20	\$20	\$123	
Regular Member early payment discount before Feb 1	(\$5)	-	-	(\$5)	
2nd Family Member	\$48	\$20	\$20	\$88	
Each additional Family Member	\$28	\$20	\$20	\$68	
Swimming Membership	\$38	\$20	\$20	\$78	
Associate Membership	\$35	-	-	\$35	
Life Membership (active)	\$0	\$0	\$0	\$0	
Deductions / Additions					
OUC Life Member	-	(\$20)	-	(\$20)	
OUC Gold member upgrade	-	\$17	-	\$17	
				Total Monies Due:	
OFFICE USE				CASH \$ _____	CHO# _____